



A HEALTHY SMILE CAN HELP YOU MOVE FORWARD

Cardinal Care Smiles covers dental care to help you stay healthy and feel good as you return to your community.

Coming back to the community brings many changes and new things to do. Taking care of your smile can help you feel more sure of yourself and support your health.

DentaQuest can help you understand your dental benefits, find a dentist near you, and get regular dental care.

Getting Started

Follow these simple steps to use your **Cardinal Care Smiles** dental benefits and get dental care.

1. **Confirm your benefits are active.** Before you make your first dental appointment, call Member Services at (888) 912-3456 to make sure your **Cardinal Care Smiles** benefits are active.
2. **Find a dentist near you.** Visit DentaQuest.com and use the Find a Dentist tool to look for a dentist in your area.
3. **Schedule your dental visit.** Regular dental care includes checkups, cleanings, X-rays, fillings, and other covered services. It is not just tooth extractions.
4. **Keep up with regular dental checkups.** Regular dental visits can help prevent pain, dental emergencies and more serious dental problems later.

Move Forward with Confidence

DentaQuest can help you find a dentist near your home and learn more about your **Cardinal Care Smiles** dental benefits. Call Member Services at (888) 912-3456 or visit DentaQuest.com to take the next step toward a healthier smile.

Your Oral Health Affects More Than Your Smile

Taking care of your teeth and gums is part of moving forward and building healthy habits. Feeling good about your smile can help you feel more sure of yourself in daily life, job interviews, at work, and with other people.

Health problems like diabetes and heart disease can affect your teeth, gums, and mouth. Taking care of your mouth can support your health and help you feel your best as you move forward.¹

Medicaid Dental Benefits May Help Your Family Too

Children and other family members may also be able to get Medicaid dental benefits through **Cardinal Care Smiles**. Encourage your loved ones to learn more about their dental benefits and ways to help prevent dental problems.

¹ Centers for Disease Control and Prevention. Oral Health Conditions.