

Frequently Asked Questions by Dental Providers Regarding TennCare and DentaQuest Opioid Coverage Strategy

1. Which members will be affected?

- All members that receive an opioid prescription

2. What are the allowed TennCare limits?

- A member can receive opioid prescription coverage for up to 15 days in a 180-day period at a maximum dosage of 60 morphine milligram equivalents per day (MME per day):
 - Each first-fill prescriptions within a 180 day period will be limited to a 5 day supply of a short-acting opioid at a **maximum dose** of 60 MME per day without the need for prior authorization (PA)
 - After the first-fill prescription, a member can receive up to an additional 10 days of opioid treatment at a maximum dose of 60 MME per day in each 180 day period, with prior authorization
- Any long-acting opioid agent will require prior authorization

3. As a Participating Dentist how can I calculate Morphine Milligram Equivalents (MME)?

- A current list of MME conversions can be found on DentaQuest webpage under “Provider Tools”, and can be calculated from the table below

4. What days’ supply should be prescribed by a participating dentist for acute post op dental pain?

- No more than a three (3) day supply

5. What is the maximum number of pills per day covered for First-Time and Non-Chronic Opioid Users on certain oral opioid formulations?

CDC guidelines state the following: *Long-term opioid use often begins with treatment of acute pain. When opioids are used for acute pain, clinicians should prescribe the lowest effective dose of immediate-release opioids and should prescribe no greater quantity than needed for the expected duration of pain severe enough to require opioids. Three days or less will often be sufficient; more than seven days will rarely be needed.*

<https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm>

Please see the table on page 2.

Table: Opioids Prescribed By Dentists Post Operatively

Generic Label Name	Example Opioid containing Product(s)	Opioid Strength	Dosage Form	MME per unit	Number of units per day not to exceed 60 MME/ day limit
Acetaminophen with Codeine <small>Not recommended for use in children under 12 years old because of risk of life threatening respiratory depression.</small>	APAP-Codeine, Tylenol with Codeine	12mg/5ml	Suspension	0.36	QL =166 ml*
		24mg/10ml		0.36	QL =166 ml*
		30mg/12.5ml		0.36	QL =166 ml*
		15 mg	Tablet	2.25	QL =12 tabs*
		30 mg		4.5	12 tabs
		60 mg		9	6 tabs
Hydrocodone/Acetaminophen	Norco, Hydrocodone-APAP, Vicodin, Lorcet, Lortab, Xodol	2.5 mg	Tablet	2.5	QL = 12 tabs*
		5 mg		5	12 tabs
		7.5 mg		7.5	8 tabs
		10 mg		10	6 tabs
Hydrocodone/Ibuprofen	Reprexain, Hydrocodone-IBU	2.5 mg	Tablet	2.5	QL = 12 tabs*
		5mg		5	12 tabs
		10 mg		10	6 tabs
Oxycodone HCL	Roxicodone, Oxycontin	5 mg	Tablet	7.5	8 tabs
		7.5 mg		11.25	5 tabs
		10 mg		15	4 tabs
		15 mg		22.5	2 tabs
		20 mg		30	2 tabs
		30 mg		45	1 tabs
Oxycodone HCL/Acetaminophen	Oxycodone-APAP, Endocet, Primlev, Percocet	2.5 mg	Tablet	3.75	QL = 12 tabs*
		5 mg		7.5	8 tabs
		7.5 mg		11.25	5 tabs
		10 mg		15	4 tabs
Hydromorphone HCL	Dilaudid	2 mg	Tablet	8	7 tabs
		4 mg		16	3 tabs
		8 mg		32	1 tabs
Oxymorphone HCL	Oxymorphone, Opana,	5 mg	Tablet	15	4 tabs
		10 mg		30	2 tabs
Ibuprofen/Oxycodone HCL	Oxycodone-Ibuprofen	5 mg	Tablet	7.5	8 tabs
Tramadol HCL	Tramadol, Ultram	50 mg	Tablet	5	12 tabs

* The Quantity Limit(QL) for these products are less than 60MME, and are based on the amount of acetaminophen or ibuprofen

6. Can you provide examples of dental prescriptions written by dentist for three (3) day Acute Opioid Prescriptions that will be covered under the new TennCare opioid benefit limit?

- Please see table above

7. How do I know how many days remain for TennCare coverage?

- If the patient has received any short-acting narcotic prescriptions through TennCare in the most recent 180 days, prior authorization is required. The Magellan Call center can provide additional information as needed.

8. Can you provide examples of acute opioid prescription claims that will reject at the pharmacy under the TennCare policy and how pharmacies could adjust it to get a paid claim?

- **Example 1** - Hydrocodone/APAP 5/325: Take 1 tablet every 6 hours for 7 days #28 will reject because #28 for a 7 day supply is greater than initial 5 day supply limit
 - Consider filing the claim for #20 for a 5 day supply in order for the claim to be covered by TennCare
- **Example 2** - Hydrocodone/APAP 10/325: Take 1-2 tablet every 4-6 hours as needed #120 will reject because #120 for a 10 days supply is greater than initial 5 days limit and it allows for more than 60MME per day
 - Consider calling the prescriber to change the instructions to ensure 60 MME per day and quantity limit are not exceeded
 - In order for the claim to be covered by TennCare, the claim would have to be submitted for #20 tablets for a 5 day supply so not to exceed 200 MME total or 60 MME per day over 5 days.
- **Example 3** - Oxycodone/APAP 10/325: Take 1 tablet every 4 to 6 hours as needed #30 will reject as it allows for more than 60 MME per day
 - Consider calling the prescriber to change the instructions to ensure 60 MME per day and quantity limit are not exceeded
 - In order for the claim to be covered by TennCare, the claim would have to be submitted for #10 tablets for a 5 day supply so not to exceed 200 MME total or 60 MME per day over 5 days.

For further questions, please contact Dr. Brent Martin at:
Brent.Martin@DentaQuest.com

TennCare Pharmacy webpage for additional information:
<https://www.tn.gov/tenncare/providers/pharmacy.html>