



FLUORIDE VARNISH TRAINING FOR HEALTH-CARE PROFESSIONALS (CERTIFICATE AVAILABLE)

If you have questions please contact DentaQuest at **1-855-418-1623** or email Non-TraditionalMedicalFluorideVarnish@greatdentalplans.com

APPROVED SELF-ADMINISTERED WEB-BASED TRAININGS

- Required - Smiles for Life Course 6:
<http://www.smilesforlifeoralhealth.org>
- Recommended - Smiles for Life Course 2:
<http://www.smilesforlifeoralhealth.org>

Program Effective Date: January 2014

WHAT YOU NEED TO KNOW ABOUT FLUORIDE VARNISH IN A MEDICAL SETTING.

HEALTHY MOUTH = HEALTHY CHILD

Very young children usually see a primary care provider more than eight times for well-child care before their first visit to a dentist.

- Because early intervention is so important to the prevention of dental disease, primary care providers are in a unique position to identify existing problems and provide guidance to parents.

WHAT IS FLUORIDE VARNISH?

Fluoride varnish (5% sodium fluoride) has been used for decades to help prevent tooth decay and its use is increasing in the United States. Varnish comes in tubes for multiple applications using a cotton swab, or as a prepackaged single dose with a small disposable applicator brush. Fluoride varnish lowers caries-causing oral bacterial levels and repairs and strengthens teeth.

WHY CONSIDER FLUORIDE VARNISH IN THE MEDICAL SETTING?

1. You and fluoride varnish are the first weapons of defense against dental caries.
2. No dental cleaning is needed before application.
3. It is safe and well tolerated by infants, children, and children with special healthcare needs.
4. It takes two minutes to apply, and dries immediately upon contact with saliva.
5. No special dental equipment is needed.
6. Little training/skill is needed to apply fluoride varnish.

WHAT ARE THE MEMBER LIMITATIONS AND RESTRICTIONS?:

- Available for TennCareSM eligible members six months - five years of age.



- Required to complete both a dental screening D0190 and fluoride varnish application D1206 at the same visit.
- Reimbursable at \$20.50 per fluoride application and \$12.00 per dental screening.
- Each enrollee is permitted two (2) visits per year.

WHO CAN PARTICIPATE?

- Primary Care Physicians
- Pediatricians
- Physician Assistants
- Nurse practitioners



TIPS TO SHARE WITH PARENTS TO PREVENT TOOTH DECAY IN CHILDREN:

- It's recommend that children are seen by a dentist by the age of 1.
- Wipe baby's gums with a wet cloth after feeding, even before baby's teeth appear.
- Do not put baby to bed with a bottle.
- Brush twice a day for at least two minutes with a soft bristled toothbrush.
- Visit the dentist for a routine exam every 6 months, or as determined by your dentist.
- Give your children healthy snacks such as fruits and vegetables.